

5th International Symposium for Ayurveda and Health

Ayurveda: The Whole System of Medicine

OCTOBER 16TH-18 2009

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FARMINGTON, CT



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Presented in Collaboration



The International Society for
Ayurveda & Health (ISAH)
www.ayurvedahealth.org

CME Approval
860-561-4857
Contact- aguha@att.net



Course Director & Conference Chair

Amala Guha, PhD, MPH, MA
UCONN Health CTR & ISAH, CT

Organizing Committee

Rajendra Badgaiyan, MD
Harvard, MA
Mary E. Dansinghani, M.Div
Yale University, CT
Mary Guerrero, MD
UCONN Health CTR
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UCONN Health CTR, CT
Vatsala Kucharski, PsyD.
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Frank J Ninivaggi, MD
Yale School of Medicine, CT
Hridaya R Sharma, PhD
BHU, Banaras, India
Mahesh C. Sharma, MD PhD
National Inst. of Ayurveda, India
Stephen K. Wikel, PhD.
UT Medical School, TX

Scientific Committee

Rajendra Badgaiyan, MD
Harvard, MA
Robert Cone, PhD
UCONN Health CTR., CT
Manjari Dwivedi, MD, PhD
BHU, Banaras, India
Amala Guha, PhD, MPH
UCONN Health CTR.CT
Abhimanyu Kumar, MD, PhD
NIA, Jaipur, India
Gloria Gronowicz, PhD
UCONN Health CTR.CT
VV Tayade, MD, PhD
KLMP Ayur. School, Bombay, India
Stephen K. Wikel, PhD.
UT Medical School, TX

Program: Morning Tai Chi: by Louis Graff: October 17 & 18: 7:30-8 am

Walk the Labyrinth: October 16: 9 AM – 2 PM Keller Auditorium
Courtesy, Connecticut Mental Health Center, Yale University School of Medicine, New Haven

Opening: October 16th, 2:30, Keller Auditorium
3PM. Lighting and opening ceremony by honored guests

Ayurveda and Mental Health: Assessing the Clinical Evidence.

Neil K Aggarwal, MD.
Yale Medical School, NH, CT

Consciousness: A Scientific Perspective

Rajendra D. Badgaiyan, M.D.
Massachusetts General Hospital & Harvard Medical School, Boston, MA

Survey Research Examining the Effects of Yoga on Children Diagnosed with ADHD

Caryn Bradley, PT, MMSc.
Quinnipiac University, CT

Herbal Supplements in Plastic Surgery: Stakeholder Opportunities for Research and Development

Rajiv Chandavarkar, MD.
UCONN Health Center, CT

Sneha Kalpa (Medicated Taila/ Ghrita) – A Plausible Dosage Form Of Ayurveda

Anand K Chaudhary M D (Ayurveda), Ph D
Institute of Medical Sciences, Banaras Hindu University, Varanasi, India

Drama Therapy in Psychiatric Care

Laura Cone, MA, RDT, LCAT, North Central Bronx Hospital in New York City

Neuroimmune Interactions: How Behavior and Immunity Influence Each Other.

Robert E Cone, PhD,
University of Connecticut Health Center, CT

The Invisible World of Tantra: Sexual Cult Practices of US

Mary E. Dansinghani, M. Div.
Yale University School of Medicine, CT

What I Learned Growing up from my Mother About Professionalism

Peter J Deckers, MD
University of Connecticut Health Center, Farmington CT

TULSI: Cultivation, Ethnopharmacology and Pharmacology Of Broad Spectrum Metabolic Adaptogen.

Prashanti deJager
Pacific Center of Ayurveda; San Francisco, CA, USA

Flow of Prana (Energy) Through Therapeutic Touch and Its Effect on Cell Growth

Gloria Gronowicz, PhD,
University of Connecticut Health Center, Farmington, CT.

The Healer's Art: Cultivating Compassion and Rediscovering Meaning During the Medical School Journey

Mary P. Guerrero, MD
University of Connecticut School of Medicine, Farmington, CT.



Ayurveda: Maintaining the Health of Healthy and Curing the Disease of a Diseased

Amala Guha, PhD, MPH, MA

University of Connecticut School of Medicine, Farmington, CT

Educating Physicians for the Twenty-First Century

Bruce Koeppen, MD, PhD

University of Connecticut School of Medicine

Case Studies In Ayurvedic Medicine

Somesh N. Kaushik, BAMS, ND, MPH, MPA

University of Bridgeport, Division of Health Sciences, CT

Role of Ayurveda in Child Mental Health: Clinical Evidences

Abhimanyu Kumar, MD(Ay), MSc (Psy), Dip DM, Dip Yoga, PhD

National Institute of Ayurveda, Jaipur, India

Topic: TBA

Cato T Laurencin, MD, PhD

UCONN Health Center, Farmington, CT

Psychiatry and Ayurveda in the 21st Century: Western and Eastern Perspectives on Mind and Behavior

Frank John Ninivaggi, MD, FAPA

Yale University School of Medicine, Child Study Center in New Haven, CT

Preventative Healthcare: An Ayurvedic Perspective

Pratibha Shah, MD (Ayurveda)

University of Boston, MA

Management Of Ischemic Heart Disease (HRIDROGA) With Ayurvedic Herbal Formulas

Ajay K. Sharma, M.D. (Ay.), Ph.D., Dip. Yoga, C.C.T.Y.

National Institute of Ayurveda, Jaipur, India.

Topic: TBA

Pramod Srivastava, MD, PhD

University of Connecticut School of Medicine, Farmington, CT

#Experiential Ayurvedic Abhiyanga Massage: by Lorraine Gengo, LMT (Service Fee will apply)

**AN Evening on Accordion: by Hasmik Zamgodrian
Hartford Conservatory, CT**

Post Symposium Workshops

Registration Required.

Monday, October 19: 9AM-6:30 PM.

Drs. Amala Guha, Abhimanyu Kumar & team

Raising Healthy Kinder: Ayurvedic Management of Planned parenthood, Post natal care and developmental problems.

9 AM-12:30 PM

Ayurvedic Supportive Care for Cancer: During and post treatment. Management of side effects of chemo and radiation and improving quality of life.

3PM-6:30PM

#Ayurvedic Massage Therapy: (October 18) Lorraine Gengo, LMT

Techniques of Abhiyanga/ shirodhara and its beneficial effects on mind and body

About CME: Sponsored by University of Connecticut School of Medicine Office of Continuing & Community Education and CASC

Target Audience: All faculty interested training in CAM/Ayurvedic medicine. All others may attend.

Global Learning Objectives: Participants will be able to:

1. Recite the evidence or expert opinion associated with Ayurvedic Medicine as an approach to wellness.
2. Identify barriers in implementing the principles and practices of Ayurvedic Medicine.
3. Describe one or more strategies necessary either to implement the evidence/expert opinion or overcome any barrier to implementation of Ayurvedic Medicine.

Accreditation: The University of Connecticut School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Connecticut School of Medicine designates this educational activity for a maximum of **22 AMA PRA Category 1 Credit (s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Conflict of Interest Policy: All faculty participating in CME activities sponsored by the University of Connecticut School of Medicine are required to disclose to the program audience any actual or apparent conflict of interest related to the content of their presentations. Program planners have an obligation to resolve any actual conflicts of interest and share with the audience any safeguards put in place to prevent commercial bias from influencing the content.

None of the speakers has anything to disclose.
This CME activity has no commercial support associated with it.

2009 Participants

Neil K Aggarwal, MD

Resident, Department of Psychiatry, Yale medical School, NH, CT

Neil Krishan Aggarwal graduated from the Case Western Reserve School of Medicine. He studied religion and Anthropology of South Asia and the Middle East at Harvard University. He is currently a resident physician in the Department of Psychiatry at Yale University. His research interests are in international psychiatry, cross-cultural psychiatry, and psychiatric anthropology.

Rajendra D. Badgaiyan, M.D.

Massachusetts General Hospital & Harvard Medical School, Boston, MA

Dr. Badgaiyan is an Assistant Professor of Radiology at Harvard Medical School and Associate neuroscientist at Massachusetts General Hospital, Boston. In the past, he has served on the faculty of the University of Oregon, the University of Texas, and the University of Pittsburgh. Before immigrating to the U.S., Dr. Badgaiyan was on the faculty of Banaras Hindu University, Varanasi, India. Dr. Badgaiyan did his postdoctoral training in cognitive neuroscience and residency training in psychiatry at Harvard Medical School. His research is focused on cognitive neuroscience with an emphasis on consciousness.

Dr. Brent A. Bauer MD

Director, Complementary and Integrative Medicine Program, Mayo Clinic

Dr. Bauer is board-certified in Internal Medicine, an Associate Professor of Medicine and has been on staff at Mayo Clinic for 17 years. His main research interest has been the scientific evaluation of Complementary and Alternative Medicine (CAM) therapies that patients and consumers are using with increasing frequency. He has authored several book chapters and papers on this topic, and is the Medical Editor of the Mayo Clinic Book of Alternative Medicine. He is a member of the NIH-NCCAM special emphasis review panel and is currently collaborating on over 20 studies being conducted at Mayo Clinic evaluating CAM therapies ranging from acupuncture to valerian. Most recently, Dr. Bauer spearheaded a collaboration between Mayo Clinic and GaiaM in the creation of a series of 10 DVD's (Mayo Clinic Wellness Solutions). These DVD's address common health problems (e.g. diabetes, obesity, high blood pressure) with integrative medicine approaches that empower patients to take charge of their health.

Caryn Bradley, PT, MMSc.

Department of Physical Therapy, Quinnipiac University

Ms Bradley is a pediatric physical therapist with over 20 years of clinical experience. She is an adjunct professor in the Department of Physical Therapy at Quinnipiac University where she serves as a clinical instructor and research advisor for Doctor of Physical Therapy students. Caryn is a certified instructor of Yoga for the Special Child[™]. She has a private pediatric physical therapy practice specializing in consultation and direct patient care, utilizing yoga as a complementary approach to treatment for children diagnosed with special health care needs.

Anand K Chaudhary M D (Ayurveda), Ph D

Faculty of Ayurveda, Institute of Medical Sciences, Banaras Hindu University, Varanasi, India

Dr Chaudhary is Reader (Associate Professor) of Rasa Shastra (Ayurvedic Pharmaceuticals) at Banaras Hindu University.

In the past he has served on the faculty of Institute of Post Graduate Teaching & Research in Ayurveda, Gujarat Ayurveda University Jamnagar, India. Dr Chaudhary did his post doctoral training in different herbal formulations of Ayurveda .He is also trained in manufacturing of Herbomineral formulations of Ayurveda. His present research is focus on manufacture of quality, safe and efficacious medicines of Ayurveda. He is also interested in regulatory affairs of these medicines at global level.

Laura Cone, MA, RDT, LCAT,

North Central Bronx Hospital in New York City

Ms Cone is a Drama Therapist and Licensed Creative Arts Therapist working on an adult inpatient psychiatric unit at North Central Bronx Hospital in New York City. She is a co-founder and former president of the Tri-State Chapter (NY, NJ, CT) of the National Association for Drama Therapy (NADT) and served as the Eastern Region Representative on the NADT Board of Directors from 2006-2008

Robert E Cone, PhD

Professor of Immunology, University of Connecticut Health Center, CT

He received his PhD in Microbiology at the University of Michigan, Ann Arbor, Michigan. He then trained at the Walter and

Eliza Hall Institute for Immunology, Melbourne Australia where he studied with Professor GJV Nossal and Dr. John

Marchalonis. At the Hall Institute he participated in the development of enzyme-catalyzed radiolabelling of the cell membranes

of living cells, and the characterization of lymphocyte membrane proteins. Dr. Cone was a faculty member in the Departments

of Surgery and Pathology at Yale University. At Yale University he was the Director of the Histocompatibility Testing and

Membrane Marker laboratory before joining the faculty in the Department of Pathology and then Immunology at the University

of Connecticut Health Center. At the University of Connecticut Health Center Dr. Cone was the Director of the Immunology

Graduate Program. Dr. Cone is one of the Commissioners of the State of Connecticut Commission on Medico-Legal Investigation and

is a recipient of the State of Connecticut Public Service Award. His present research interests are focused on the cellular basis

of ocular immune regulation and the roll of the sympathetic nervous system on the development of regulatory T cells.

Mary E. Dansinghani, M. Div.

Chaplain/Coordinator of Spiritual Services Connecticut Mental Health Center

Yale University School of Medicine, Department of Psychiatry

Mary Dansinghani is a graduate of Yale Divinity School. She received her MA from Indiana University in ----- and BA, MAT -

University of New Hampshire. She finished her Clinical Pastoral Educational Residency at Yale New Haven Hospital and

received her Ayurvedic mental & Spiritual health Certificate from the National Institute of Ayurveda, Jaipur, India in collaboration with the

International Society for Ayurveda & health (ISAH) in 2008. She is committed to Ayurvedic practice of holistic approach

to spirituality and healing as promoted through ISAH. Her interest is to develop mandalas, Ayurvedic Guided Imagery, to promote relaxation

to mental illness to promote relaxation and balancing the energies. She is a board member - Interfaith Volunteers Care Givers of Greater

New Haven (IVCG), Hamden, CT and Professional Consultation Committee (PCC) for Department of Religious Ministry, Yale New Haven

Hospital and member of the International Society for Ayurveda and Health.

Peter J. Deckers, MD

UCONN Health Center

Murray-Heilig Chair and Professor in Surgery and past Executive Vice President for Health Affairs, U'CONN Health Center

Dean, U'CONN School of Medicine Dr. Deckers earned his medical degree from the Boston University School of Medicine,

completed his residency in general surgery and was a United States Public Health Service trainee in academic surgery at Boston University

Medical Center. He received the Outstanding Physician Award and advanced to the position of Professor and Vice-Chairman for

Surgical Education.

Gloria Gronowicz, PhD,

Professor of Surgery, at the University of Connecticut Health Center, Farmington, CT.

She received her Ph.D. in molecular and cell biology from Columbia University, NY, NY. Her research program, which has been supported

by grants from the NIH, involves tissue engineering, bone histomorphometry, basic bone biology and energy medicine. She has published

over 80 publications in peer-reviewed journals. Her work in energy medicine has focused on the effect of Therapeutic Touch on

bone cells and was funded by NCCAM

Somesh Kaushic, BAMS, ND

Adjunct Professor, University of Bridgeport, CT

Dr. Somesh N Kaushik is a faculty member at the University of Bridgeport, Division of Health Sciences. He received his Ayurvedic training

(BAMS) from Kurukshetra University, India; MPH and MPA from University of Alabama, Birmingham and Doctor of Naturopathic Medicine from

University of Bridgeport. He has worked as an Epidemiologist and Director HIV/AIDS sero-surveillance with Alabama Department of Public

Health while maintaining his Ayurvedic practice before joining University of Bridgeport. Dr. Kaushik is affiliated with Institute for Ayurvedic and

Naturopathic Therapies in Fairfield, CT.

Rajiv Chandavarkar, MD

Assistant Professor of Surgery and chief of the Division of Plastic Surgery,

University of Connecticut Health Center, Farmington, CT,

Dr. Chandavarkar is a board certified plastic surgeon who completed his training at the University of Bombay, India,

Kurume University Japan and at the MD Anderson Cancer Center, Houston TX. He is affiliated with the Department of

Immunology and is the chief of the Division of Plastic Surgery at the University of Connecticut School of medicine.

His research program explores novel therapeutic agents for enhancing wound healing in problematic conditions including

diabetes, infection and radiation injury. He has served on NIH Study Sections specifically related to tissue injury and repair.

Abhimanyu Kumar, MD, PhD

Professor & Head of the department, Ayurvedic Pediatrics
National Institute of Ayurveda, Jaipur, India

Dr. Abhimanyu Kumar is a Professor & Head of the department of Ayurvedic Pediatrics at the National institute of Ayurveda, Jaipur (India) and is involved in academic, clinical and research activities for last 23 years in various capacities. After completing his MD in Ayurvedic Pediatrics he was awarded PhD. He received his master's degree (MSc) in applied Psychology and Diploma in Yoga. He has Authored three books and published 65 research papers. Member and Ayurveda expert in various national and international universities, institutes and organizations. He has supervised 35 MD and PhD scholars. Completed one international collaborative research project and other three sponsored by Government of India. Two industry- institutes based collaborative clinical research projects ongoing. He is Involved in teaching and training of international scholars. Presently he is working as coordinator International program for Ayurveda studies at National Institute of Ayurveda. He is the President of Indian Association of Ayurvedic Pediatrics and is National President of Indian Association of Ayurvedic Pediatrics

Lorraine Gengo, LMT

is a nationally certified Clinical Massage Therapist licensed in both New York and Connecticut. Lorraine operates The Magdalene, a massage therapy practice in Norwalk, Conn., specializing in Ayurvedic massage and dosha assessments. She received her certification in Ayurvedic Massage from the University of Pune, India, in 2006 in collaboration with The International Society for Ayurveda and Health (ISAH). Lorraine is also a certified Prana Yoga teacher and a Usui Reiki II practitioner. A former journalist, Lorraine holds a Bachelor's degree in communications from Boston College. She is a member of the American Massage Therapy Association and the International Society of Ayurveda and Health.

Louie Forouhar-Graff

is a fourth -year medical student at the University of Connecticut Medical School. He is also a Tai Chi practitioner and instructor in Manchester, CT and Farmington, CT. He will Lead a form of Tai Chi created specifically for health and researched by the medical community for health improvement. Louie enjoys the calming and empowering qualities of Tai Chi practice. Louie has successfully completed the 4-credit -course of Ayurveda offered by the UCONN Medical School under the leadership of Dr. Amala Guha.

Mary P. Guerrero, MD

Associate Professor & Director of Integrative Medicine in the Department of Family Medicine at the University of Connecticut School of Medicine. She received her M.D. from the University of Massachusetts Medical School and completed Residency Training in Family Medicine at the Maine Medical Center/Mercy Hospital Family Medicine Training Program in Portland, Maine. Dr. Guerrero is a Fellow of the American Academy of Family Physicians and an active member of the Society of Teachers of Family Medicine. She is a Fellow of the American Academy of Medical Acupuncture and is a Founding Diplomate of the American Board of Holistic Medicine. Her academic activities include serving on the executive, steering and education committees of the Consortium of Academic Health Centers for Integrative Medicine. She is a member of the School of Medicine's Education Council and Committee for Undergraduate Medical Education and is the course director for the medical school electives: 'The Healer's Art' and 'Mind-Body-Spirit Medicine.' Currently she is embarking upon a national, multi-site Integrative Medicine in Residency Project with the University of Arizona's Center for Integrative Medicine. Dr. Guerrero maintains an active clinical practice within the Department of Family Medicine's Residency Program.

Amala Guha, MPH, PhD, MA

University of Connecticut School of Medicine, Farmington, CT
(<http://CASC.UCHC.EDU>) (www.ayurvedahealth.org)

Dr. Amala Guha is an Assistant Professor of Immunology and Medicine, Founding Director of Complementary & Alternative Supportive Care "CASC" University of Connecticut School of Medicine, CT. and the founding president of the International Society for Ayurveda and Health (ISAH) and the editor-in-chief of the journal ELEMENTS.

Dr. Guha received her Doctoral Degree in Immunology from University of Allahabad, India in collaboration with the University of Connecticut School of Medicine in 1990 followed by the fellowship in Hematology/Oncology, supported by the prestigious NIH training Grant. She received her graduate degree in Public Health from Connecticut School of Medicine and her training in Ayurveda from Ayurvedic Medical College, Bombay 02-05 and from University of Puna, Pune, India in 2006. Dr. Guha's advance training in bone marrow transplant, cancer Immunology, public health and Ayurvedic Medicine brings a unique blend of expertise in the field of integrative Medicine. She teaches Ayurveda at the University of Connecticut School of Medicine and leads the Ayurvedic Training Programs sponsored by the University of Connecticut School of Medicine & International Society for Ayurveda and Health (ISAH) and University of Puna Ayurvedic Medical School India. She had served on the review board of Complementary Alternative Medicine at the NCCAM/NIH. Dr. Guha is a fellow of The Leukemia Society of America.

Upendra Hegdy, MD

Assistant Professor Medicine, Hematology Oncology
Associate Director, Medical Oncology, Melanoma Program
Co-director, Head and Neck/Oral Oncology Program
UCONN Health Center, Farmington, CT.

Dr. Hegde received his medical degree from the Goa Medical College in Goa, India. He completed post graduate training in internal medicine at Goa Medical College (Bombay University) and did his clinical fellowship training in medical oncology at Tata Memorial Hospital in Bombay. He worked closely with basic researchers and studied the clinical relevance of multi-drug resistance in acute myelogenous leukemia. In 1992, he received a research scholarship from Rush Presbyterian St. Luke's Medical Center in Chicago, Illinois, to study leukemia at the cellular and molecular biologic levels, which he completed in 1995 under the mentorship of Harvey D. Priesler, M.D. Dr. Hegde completed his residency in internal medicine at the Cook County Hospital in Chicago, Illinois, and received his fellowship training in hematology and oncology in the medicine branch of the National Cancer Institute at the National Institutes of Health in Bethesda, Maryland.

Bruce Koeppen, MD, PhD

Dean of Academic Affairs

Professor of Medicine and Cell Biology, University of Connecticut School of Medicine

Dr. Koeppen received his M.D. from the University of Chicago in 1977 and his Ph.D. (physiology) from the University of Illinois in 1980. After completing a research fellowship at Yale University in 1982, he joined the faculty of the University of Connecticut School of Medicine. Since 1992 Dr. Koeppen has also held the administrative position of Dean for academic affairs. In this position he oversees all educational programs in the School of Medicine. He had served on numerous committees of National Board of Medical Examiners, and he currently is a member of the Liaison Committee on Medical Education. He is coauthor of the textbooks Renal Physiology and Netter's Atlas of Physiology and is a contributing author and editor of Principles of Physiology and Physiology. Dr Koeppen has received numerous teaching awards from students at the University of Connecticut School of Medicine and Dental Medicine. He was the 1995 recipient of the Arthur C Guyton Teaching Award from the American Society of Physiology. the 1998 recipient of Association of American Medical Colleges and the Alpha Omega Alpha – Robert J. Glaser Distinguished Teaching Award and in 2007 received the Edithe Levit Distinguished Service Award from the National Board of Medical Examiners.

Cato T Laurencin, MD, PhD

Vice President for Health Affairs, Dean School of Medicine

Albert and Wilda Van Dusen Chair in Academic Medicine

Distinguished Professor of Orthopaedic Surgery,

Chemical, Materials and Biomolecular Engineering, University of Connecticut, CT

Dr. Laurencin earned his undergraduate degree in chemical engineering from Princeton University and his medical degree from Harvard Medical School, where he was a Magna Cum Laude graduate. During medical school, he also earned his Ph.D. in biochemical engineering/biotechnology from the Massachusetts Institute of Technology. Dr. Laurencin has been named to America's Top Doctors and America's Top Surgeons, and is a Fellow of the American Surgical Association, the American College of Surgeons, and the American Academy of Orthopaedic surgeons. Dr. Laurencin's research involves tissue engineering, biomaterials science, and nanotechnology and he is an International Fellow in Biomaterials Science and Engineering and a Fellow of the American Institute for Medical and Biological Engineering. His work was recently honored by Scientific American Magazine as one of the 50 greatest achievements in science this past year.

Frank John Ninivaggi, MD, FAPA

Assistant Clinical Professor of Child Psychiatry

Yale University School of Medicine, Child Study Center, New Haven, CT.

He is an Associate Attending physician at the Yale-New Haven Hospital, staff psychiatrist at Saint Francis Medical Center in Hartford and the Medical Director of the Devereux Glenholme School in Washington, Connecticut. Trained at Johns Hopkins Medical Center, he is Board Certified in Psychiatry and Neurology and a Fellow of the American Psychiatric Association. Author of *Ayurveda: A Comprehensive Guide to Traditional Indian Medicine for the West*, published (2008) by Praeger Press, Westport, Connecticut and is a contributor to *Kaplan & Sadock's Comprehensive Textbook of Psychiatry* edited by Sadock & Sadock, Lippincott William & Wilkins, 2005 and 2009. Dr. Ninivaggi is on the review board of ELEMENTS

Hridaya R Sharma, PhD

Professor and Head

Department of Veda, BHU, Banaras, India

Dr. Sharma is a professor and head of the department of Vedic Studies at the prestigious Banaras Hindu University (BHU) of Banaras. He has received his degree of Vedacharya (PhD) in Vedic studies from BHU. Dr. Sharma specializes in vedic etymology and the spiritual aspects of the vedic texts. He has written many books and chapters in this field.

Dr. Sharma is on the review board of the journal ELEMENTS. Ayurveda Health & Nutrition.

Pratibha Shah , MD (Ayurveda)

Graduate Student, School of Public Health, Boston University, MA

Pratibha Shah holds a Post Graduate degree in Ayurveda, from the National Institute of Ayurveda, Jaipur, India. She moved to US in 2004, from New Delhi, India, where she was working as Chief Medical Officer, at CGHS (Central Govt. Health Scheme). During her eleven years of clinical practice, she has engaged in public health activities besides regular clinical duty, including two stints with WHO. Presently, she is a member of ISAH (International Society for Ayurveda and Health) and is engaged in a variety of voluntary work and academic activities. She has a deep interest in Public Health and is currently enrolled in the Masters of Public Health program at Boston University School of Public Health.

Pramod Srivastava, MD. PhD

Professor and Chair , Department of Immunology, Director, Center for Cancer Immunotherapy

Dr. Srivastava received his PhD in cell biology and MD from Connecticut School of Medicine. Dr. Srivastava's research involves heat shock protein and cancer therapy.

Stephen K Wikel, PhD

Professor, Department of Pathology, Senior Scientist,

Center for Biodefense and Emerging Infectious Diseases, and WHO Collaborating Center for Tropical Diseases,

University of Texas Medical Branch, and Galveston National Laboratory,

Galveston, TX 77555-0609.

Emerging and re-emerging vector-borne diseases are global public health concerns. Our primary research focus is characterization of the cellular and molecular interactions at the host interface for ticks, mosquitoes and arthropod-borne infectious agents such as rickettsiae, ehrlichiae, spirochetes, protozoa and arboviruses. Dr. Wikel is participates extensively in medical education.

Accommodations:

Hotel Accommodations

Homewood Suites by Hilton
2 Farm Glen Boulevard
Farmington, CT 06032
860-321-0000

The **Homewood Suites By Hilton in Farmington**, will be holding guestrooms for the International Symposium of Ayurveda & Health to be held in October 2009. Reservations must be made before 9/16/09 to receive and be guaranteed the group rate for the dates of October 15th thru October 19th, 2009.

Number of rooms reserved is limited and will be subject to first come first serve and availability.

The hotel is offering a King Bedded Deluxe Suite with Breakfast Included at a rate of \$109.00 per night per suite, tax exempt. The hotel will also be offering complimentary Shuttle service to UCONN Health Center per schedule.

For reservation: please call the hotel at 860-321-0000 and ask for reservations. When speaking with the reservation agent let them know that you are with the ISAH group.

Directions to University of Connecticut Health

Center from Greater Hartford: Route 84 to Exit 39.

Turn right onto Route 4-East (Farmington Avenue).

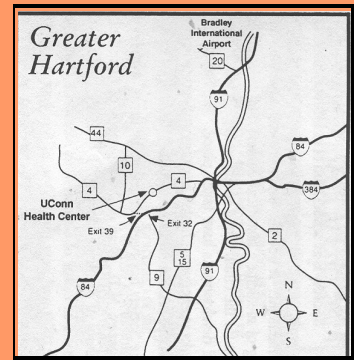
Drive about 1-1/2 miles.

Turn right into University of Connecticut Health Center.

At first stop sign continue ahead veering off to the left -up the hill.

Go to first stop sign, and continue into the gate.

Open Parking



Past symposiums

June, 2004:

Immerse in Ayurveda

First International Symposium of Ayurveda and Health

Hosted by ISAH, Interlaken Inn, Lakeville, CT

" what a beautiful conference, excellent presentations, great venue and exceptional food" DM

September 2005:

Ayurveda & Chronic Diseases

2nd International Symposium of Ayurveda and Health.

Hosted by Banaras H University, BHU, Banaras, India

" great conference, excellent atmosphere & variety of paper presentation – an event to remember" ADG

June 2006:

Ayurveda in the Twenty -First Century

3rd International Symposium of Ayurveda and Health

University of Connecticut School of Medicine

UCHC, Farmington, CT

" a great deal of thought and work was put in planning and organizing the conference —Many Many thanks"

October,2007:

Applications of Ayurvedic Principles in Modern Medicine

4th International Symposium of Ayurveda & Health

Hosted by Mayo Clinic,
Asisi Heights, Rochester, MN

" I greatly enjoyed talks by the excellent, excellent speakers." Dr. S

"I have had a number of people stop me and tell me what a great symposium It was!" Dr. B B