

## AYURVEDA PRACTICUM

### **At the National Institute of Ayurveda, Jaipur, India**

15-days hands on training, in-patient and out-patient clinical experience

Visit to local Herbs: see herbs and learn about them in their natural habitat (registration may apply)

In the evening visit places on your own or join the tour group or extend your visit to tour nearby cities of Agra (Tajmahal), historic Delhi, Brindavan and Mathura, or for nature lover visit the bird sanctuary at “Bharatpur Bird Sanctuary” or see tigers roaming about at Ranthambhor.

Jaipur attractions: Jaipur is India's one of the most sort about tourist places and there is lot to see locally. Jaipur is also an incredible shopping center of various art and crafts. See attachment “about Jaipur”

Students often plan and schedule tours with Dr. Guha during or after the course and travel as a group for more fun and education. Spiritual tours are also designed at convenience.

**Optional:** *Extended trainings are available with the consent of Dr. Guha and by arrangements only. Nature of training varies from clinical to research. (additional registration)*

**For information: please call Dr. Amala Guha-(860)561-4857 or email: [guha@att.net](mailto:guha@att.net)**

---

## Attractions

Post training tours to various places are available by arrangement (upon availability only)/on your own:

### **PUSHKAR MAGIC- (JAIPUR-AJMER-PUSHKAR-JAIPUR)**

Visit to Dargah Sharif, Dhair-Din-Ka-Jhopra in Ajmer, Pushkar Lake and the temple of Brahma in Pushkar and local sight seeing.

### **GOLDEN TRIANGLE (includes Tajmahal): JAIPUR-FATHEPUR SIKRI-AGRA-DELHI**

### **RANATHAMBHOR: ON THE TIGER TRAIL**

**DELHI\_VARANASI-KHAJURAHO:** See the famous Ghats of Banaras, the sun rise at Ganges Experience the hustle bustle of the world's oldest city in continuity then fly into the lap of passion and experience the ecstasy of Kama Sutra in the temple of KHAJURAHO.

**DELHI-HARIDWAR--RISHIKESH:** witness the lore of the “Magical Ganga (Ganges)”, date with mighty Himalaya- and experience a life time of spiritual encounter