

On Manas: The Mind

Ayurvedic Approach to Mental Health

With

Drs . Amala Guha & Abhimanyu Kumar

ISAH: www.ayurvedahealth.org

Arsha Vidya Gurukulam

Saylorsburg, PA



Amala Guha, PhD, MPH, MA

aguha@att.net

860-561-4857

Dr. Amala Guha is an Assistant Professor of Immunology and Medicine, Director of Complementary & Alternative Supportive Care "CASC" University of Connecticut School of Medicine, CT. She is the founding president of the International Society for Ayurveda and Health (ISAH) and the editor-in-chief of the journal ELEMENTS. A consortium of 11-medical schools participates in the society's activities at various levels. <http://casc.uchc.edu>

Abhimanyu Kumar, MD, PhD

Professor & Head of Ayurvedic Mental Health & Pediatrics, National Institute of Ayurveda , Jaipur, India. Developed Ayurvedic treatment protocols for the management for various childhood mental problems like ADHD, Learning Disability, memory disorders, academic stress etc

CME credits are available

from the UCONN School of Medicine

860-561-4857

April-24-26,'09

Schedule: Friday-- 6–7 PM

Saturday : 10 AM-12 noon

3 PM- 5 PM

Sunday: 9:30 AM-12 noon

Course fee: \$300

ISAH Members \$150; CME:\$50

For course Registration, CME & Consultations

PI Call: 860-561-4857 or

visit: www.ayurvedahealth.org

For Accommodations PI Call

Rev. Suddhatma ji: 570-992-233

www.arshavidya.org

Ayurvedic Understanding of Manas (Mind).
Emotional and Physical co-relates.

Aspects of pathology, treatment -
Disease management and beyond

**Explore the Secrets of How to keep
the Mind Free and the Body Healthy**