



University of Connecticut Health Center

Sponsored by
University of Connecticut School of Medicine
Office of Continuing Education and CASC &
The International Society for Ayurveda and Health (ISAH)

Collaboration: National Institute of Ayurveda, Jaipur and The University of Pune Ayurvedic Medical School, Pune India
Speakers: Amala Guha, PhD, MPH, and Faculty

Ayurvedic Clinical Assessment Program

Course Dates:	March 27-29, 2009	Introduction to Ayurveda, Ayurvedic & Yoga Philosophy
Program #1	April 3-5, 2009	Ayurvedic Anatomy & Physiology
	April 24-26, 2009	Mental Health
	May 1-3, 2009	Digestive system and Dravyaguna
	May 29-31, 2009	Ayurvedic Chikitsa (treatment) and Rasayana
	September 4-6, 2009	Ayurvedic Diet & Nutrition

Ayurvedic Mental and Spiritual Health Program

Course Dates:	March 27-29, 2009	Introduction to Ayurveda, Ayurvedic & Yoga Philosophy
Program #2	April 3-5, 2009	Ayurvedic Anatomy & Physiology
	April 24-26, 2009	Mental Health
	May 29-31, 2009	Rasashastra (Herbology) and Rasayana (Rejuvenation)
	September 4-6, 2009	Ayurvedic Diet & Nutrition
	September 25-27, 2009	Spirituality and Ritual Practices

Ayurvedic Preventative and Nutritional Health (Open to All)

Open to all

Course Dates:	March 27-29, 2009	Introduction to Ayurveda, Ayurvedic & Yoga Philosophy
Program #3	April 3-5, 2009	Ayurvedic Anatomy & Physiology
	April 24-26, 2009	Mental Health
	May 29-31, 2009	Rasashastra and Rasayana
	September 4-6, 2009	Ayurvedic Diet & Nutrition
	September 25-27, 2009	Lifestyle Management

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Time:	Friday-9 am-8 pm, Saturday 9am-8pm, Sunday, 8am-6pm. (Changes TBA)
Location:	UCONN Health Center Room (EG013)/ changes TBA
Target Audience:	Clinicians training in Ayurvedic Medicine and all other Health care professionals
CME Credits:	160 for each program. PRA Category 1 Credit(s) TM . For CME & Course details, please call Dr. Guha: (860) 561-4857

*November/Dec, 2009 Practicum (Practicum, Ayurvedic Medical School: Jaipur/ Pune, India,)

Program # 3 Ayurvedic Preventative & Nutritional Health is "Open to All": No Health care background required

Courses are open to all:

Courses can be taken independent of the program

For program registration/CME/other information, please call Dr. Amala Guha (860) 561-4857.
guha@worldnet.att.net; aguha@att.net

For course detail*visit website: www.ayurvedahealth.org ; <http://casc.uhc.edu>