



University of Connecticut Health Center

Sponsored by

University of Connecticut School of Medicine, Office of Continuing Education and CASC &
The International Society for Ayurveda and Health (ISAH)

Collaboration: National Institute of Ayurveda, Jaipur

Faculty: Amala Guha, PhD, MPH, and Faculty

2010

Ayurvedic Clinical Assessment Program

Course Dates: Program # 1	March 19-21, 2010	Introduction to Ayurveda & Yoga Philosophy
	April 9-11, 2010	Ayurvedic Anatomy & Physiology
	April 23-25, 2010	Ayurvedic Digestive System & Pathogenesis
	April 30-May 3, '10	Diagnostics (Nidan Panchak) & Clinical Assessment
	May 14-16, 2010	Ayurvedic Approach to Mental Health
	June 4-6, 2010	Dravya Guna & Rasayana
	September 10-12, '10	Ayurvedic Diet & Nutrition
	October 1-3, '10	Spirituality and Ritual Practices

Ayurvedic Mental and Spiritual Health Program

Course Dates: Program # 2	March 19-21, 2010	Introduction to Ayurveda, Ayurvedic & Yoga Philosophy
	April 9-11, 2010	Ayurvedic Anatomy & Physiology
	April 23-25, 2010	Digestive System & Ayurvedic approach to Pathogenesis
	April 30-May 3, '10	Diagnostics (Nidan Panchak) and Clinical Assessment
	May 14-16, 2010	Ayurvedic Approach to Mental Health
	June 11-13, '10	Ayurvedic Approach to Aging
	September 10-12, '10	Ayurvedic Diet & Nutrition
	October 1-3, '10	Spirituality and Ritual Practices

Ayurvedic Preventative and Nutritional Health

Course Dates: Program # 3	March 19-21, 2010	Introduction to Ayurveda, Ayurvedic & Yoga Philosophy
	April 9-11, 2010	Ayurvedic Anatomy & Physiology
	April 23-25, 2010	Digestive System & Ayurvedic approach to Pathogenesis
	April 30-May 3, '10	Diagnostics (Nidan Panchak) and Clinical Assessment
	May 14-16, 2010	Ayurvedic Approach to Mental Health
	May 21-23, 2010	Life Style management
	June 11-13, '10	Ayurvedic Approach to Aging
	September 10-12, '10	Ayurvedic Diet & Nutrition
October 1-3, '10	Spirituality and Ritual Practices	

Time: Friday-1pm-8 pm, Saturday 9am-8pm, Sunday, 8am-6pm. (Changes TBA/ contact Dr. Guha)

Location: UCONN Health Center Conference Room: EG013/ changes TBA

Target Audience: Clinicians training in Ayurvedic Medicine and all other Health care professionals

CME Credits: 160 for each program. PRA Category 1 Credit(s)TM.

For CME/ Course details/other information, please call

Director & Chair: Dr. Guha: (860) 561-4857 or email aguha@att.net

**Program # 3 Ayurvedic Preventative & Nutritional Health is open to all
Courses are open to all:**

Courses can be taken independent of the program

*visit website: www.ayurvedahealth.org ; <http://casc.uhc.edu>

* 2010 Practicum is available upon completion of the program or with special permission
(Practicum, Ayurvedic Medical School, India,) Time October- November (TBA).